

the
Spa

CENTRAL COAST

AVILA BEACH

Spa Services



Spa Treatments

Spa Facial* – Healthy skin begins here. Our skin professional will guide and work with you to achieve amazing results. Gentle extractions included, as well as a massage to your back, neck, scalp and arms.

60 minutes \$140

Swedish Massage – We use long, fluid strokes to calm the body, settle the mind and restore lost energy. Swedish Massage is gentle, soothing and emphasizes relaxation.

60 minutes \$130

90 minutes \$160

Integrated Massage – Our most requested massage combining both luxury and deeper tissue work. Integrated Massage focuses on soothing tired muscles and releasing chronic tension and pain.

60 minutes \$135

90 minutes \$170

Couple's Massage* – In a private room for two, you and your beloved will enjoy a full-body massage performed by your very own therapists. Includes a relaxing foot soak followed by a side-by-side 60 minute Massage \$285

*Deep Tissue May be Added to
any Massage for an Additional \$20*

Spa Manicure \$45

Spa Pedicure..... \$55

**Available at most locations, please inquire at front desk*

**Full Service Spa Menu Available
at *The Spa Avila* Located Inside of the
Avila Lighthouse Suites**

**Please Visit www.SpaAvila.com
(Shuttle Service Upon Availability)**

**Appointments Available 7 Days a Week
Please Call (805) 540-5061
or, kindly, dial the front desk at "0"
to be Transferred to The Spa**